



TABLE OF CONTENTS

STAFF INFORMATION & HOURS OF OPERATION

RENTAL INFORMATION

COMMUNITY INFORMATION & SPECIAL EVENTS

TEEN PROGRAMS & SPECIAL EVENTS

PRE-SCHOOL & BEFORE AND AFTER SCHOOL PROGRAMS

WINTER DAY CAMP & YOUTH CLASSES

YOUTH ARTS & CULTURE CLASSES

YOUTH DANCE & SPORT CLASSES

YOUTH SPORTS & ADULT CLASSES

ADULT COOKING & ART CLASSES

ADULT ART AND CULTURE CLASSES

ADULT HEALTH & EXERCISE CLASSES

UP COMING SPRING PROGRAMS

SENIOR ADULT CLASSES

RAINIER BEACH SWIMMING LESSON INFORMATION

INTRODUCTION TO JEFFERSON COMMUNITY CENTER

***Winter class registration begins
January 5, 2004**

***Winter classes begin the week of
January 12, 2004
unless otherwise posted**

PROFESSIONAL STAFF

Recreation Center Coordinator

Randy Smith

Assistant Recreation Center Coordinator

Staci Williams

Teen Leader

Denéa Simone

Senior Adult Programs

Angela Smith

Facility Maintenance Laborer

Brenda Brown

Recreation Attendants

Christopher Eng

Jean Lee

Damian Mims

Mike Wanless

Neighborhood Service Center Coordinator

Glenn Harris

233-2044

WINTER

ADMINISTRATIVE STAFF

Superintendent of Parks & Recreation

Kenneth R. Bounds

Director of Parks & Recreation

Christopher Williams

Parks Resources & Recreation Manager

Southeast District

Cheryl Fraser

Senior Coordinator

South Division

Corey Meyers, Acting

HOURS OF OPERATION

JANUARY MARCH 2004

Monday, Wednesday, Friday	1:00 PM – 9:00 PM
Tuesday, Thursday	10:00 AM – 9:00 PM
Saturdays	10:00AM - 5:00 PM
Sundays	Closed

***JEFFERSON C.C. WILL BE CLOSED
DECEMBER 28, 2004-JANUARY 4, 2004***

Registered Program Participant Hours

Monday—Friday 10:00 AM– 1:00 PM

HOLIDAY CLOSURES:

Christmas Day	December 25, 2003
New Years Day	January 1, 2004
Martin Luther King Day	January 19, 2004
Presidents Day	February 16, 2004

FEES & CHARGES

The program and activities listed in this brochure are provided by the Jefferson Advisory Council under an agreement with the Department of Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of these programs. The Advisory Council program fees listed here include a 1.1% fee, which is paid to the Department of Parks and Recreation for each person registered in a program. The Department uses these funds to defray overall operation expenses. In addition, a 0.5% utility fee is included to offset the higher utility costs to run the facility.

SCHOLARSHIPS

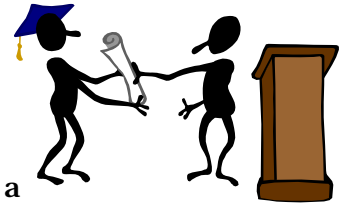
Seattle Parks and Recreation encourages participation by low income City of Seattle residents. Scholarships or low income rates are available for some youth instructional programs. Scholarships are limited to specific programs and are granted based on financial need. Quarterly scholarships may be available on a first come first served limited basis. Scholarships are not traditionally intended to cover the entire cost of the class and are given per class or month by month. Applications can be obtained at the community center. Please call (206) 684-7481 for more information. We accept D.S.H.S. qualified participants.



JEFFERSON COMMUNITY CENTER RENTAL INFORMATION

Jefferson Community Center is the perfect place to celebrate any important occasion, whether it is a reunion, birthday, wedding receptions, graduations, or meetings. Jefferson offer a spacious hall, meeting rooms, and Kitchen. For more information call 684-7481 today to reserve a date for your special day.

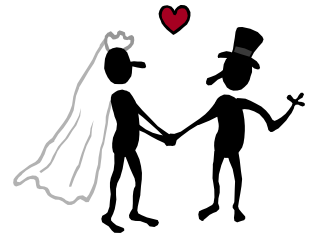
Medium Meeting Rooms	\$35.00 per hour	Minimum of two hours
Hasselberg Hall	\$45.00 per hour	Minimum of two hours
Kitchen	\$35.00 per hour	Minimum of two hours



Use of Hasselberg Hall for weddings, receptions, banquets, and other parties a special fee of \$450.00 per use is available which includes up to 7 hours of use of the Hasselberg Hall and kitchen, which allows time for the renter to do event set up, kitchen prep, and event clean up. For time over 7 hours, the regular hourly rate is added.

Damage/Cleaning Deposit

Non-refundable booking fee	\$10.00
Refundable damage/cleaning deposit	\$250.00*



*Additional fees for rentals serving alcohol

Non-refundable Alcohol Fee	\$60.00
Refundable damage/cleaning deposit	\$500.00

OCCUPANCY: 150 (standing) May be reduced depending upon the event.

Staff Fees

All rentals during non-operation hours will require a \$15.00/hr staffing fee. (\$22.50 on holidays) add 1/2 before and 1/2 hour after event for total fee.

Rentals including alcohol, any rental expecting more than 50 people will require 2 staff. The price will then be \$30.00/hr staffing fee.

All weekday rentals (Tuesday, Wednesday, Thursday only) must end at 8:45 pm

All weekend rentals (Saturday, Sunday) must end at 2:00 am.

**TWO WEEKS ADVANCE NOTICE AND FULL PAYMENT REQUIRED TO
BOOK A RENTAL**



COMMUNITY INFORMATION/SPECIAL EVENTS

REFUND POLICY

It is the policy of the Seattle Parks and Recreation Department and the Associated Recreation Council to make a full refund to participants who register for a class, camp, special event or program that is canceled by the department or Advisory Council for any reason. Refunds, minus a service charge, may be available for many programs if the request is received in advance. Unless indicated otherwise, the request must be received at least 14 days prior to the start of a Day Camp, Field Trip, Special Event, or Facility Rental; and prior to the second class for most other programs. **Please ask for specific information before enrolling.** Applications can be obtained at the Community Center. Please call (206) 684-7481 for more information

ANTI-DISCRIMINATION POLICY

As a matter of policy, law, and commitment, the Seattle Parks & Recreation Department does not discriminate on the basis of race, creed, color, sex, marital status, sexual orientation, political ideology, age, religion, ancestry, national origin, or the presence of any sensory, mental, or physical disability. (Seattle Municipal code 18.12.280).

ADA COMPLIANCE

Accommodations will be made on request for persons with disabilities. If you need sign language interpretation or other accommodations, please call (206) 684-7438 or (206) 233-7061 (TDD only). If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aide. If a class or activity is scheduled in an area that is not accessible to wheelchairs, we will make every effort to help find a similar program in a more accessible location.

JEFFERSON ADVISORY COUNCIL

The Advisory Council invites you and your family to enjoy the recreation activities at Jefferson Community Center. If you would like to help other like-minded citizens with the development and operation of programs, you are invited to join the Advisory Council. The council meets on the fourth Wednesday of the month starting at 6:30 PM. For further information please call (206) 684-7481.



UP COMING SPECIAL EVENT



TEENS FLASHLIGHT EGG HUNT

Bring your own flashlight and hunt for the winning prize eggs. Prizes may include gift certificates, candy, and games. Dress for the weather. Come rain or shine

Date: Friday April 9, 2004.

Time: 7:00 PM

Ages: 11-17

Where: TBA

Cost: 2 cans of food



SPRING EGG HUNT

Bring a basket or a bag to gather up all of the goodies found at our Spring Egg Hunt. This is for children ages 10 & under. Come rain or shine!

Date: Saturday April 10, 2004

Time: 10:00 am SHARP!

Where: Maplewood Playfield 4925 Corson Ave S.

Ages: 10 & under

Cost: 2 cans of food

LUAU

Everyone is invited to join Jefferson C.C. for our annual Luau.

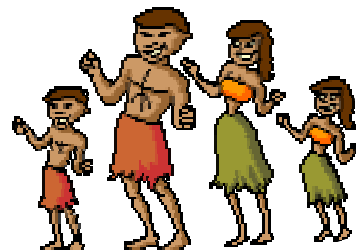
Date: Friday May 7, 2004

Time: 6:00 pm—8:00 pm

Where: Asa Mercer Middle School (Cafeteria)
1600 S Columbia Way

Cost: \$11.00 pre-paid

\$13.00 at the door



Jefferson Community Center

3801 Beacon Avenue South, Seattle, Washington 98108 (206) 684-7481 (206) 684-7483 FAX

TEEN PROGRAMS

VOLUNTEERS NEEDED

Holiday Party 2003

Don't be a grinch, get filled with the joy of giving. Head down to Jefferson Community Center and volunteer your time for the free holiday party. Santa needs some helpers to assist in organizing, handing out gifts, refreshments, and spreading holiday cheer. Thursday December 18th. Please sign up in advance



CALLING ALL YOUNG KINGS AND QUEENS



HELP MAKE THE 3RD ANNUAL DR. MARTIN LUTHER KING JR. DAY CELEBRATION ANOTHER MEMORABLE EVENT. ON DR. KINGS ACTUAL BIRTHDAY, JANUARY 15TH, THE PARKS DEPT. COMMUNITY CENTERS WILL RECOGNIZE, AND CELEBRATE HIS EFFORTS. YOU ARE INVITED TO MAKE A COMMUNITY FLAG, MARCH, ENJOY A SHOW AND DINNER. FOR MORE INFORMATION ON PERFORMING IN THE SHOW CALL DEN'EA SIMONE AT 684-7481, OR ISIAH ANDERSON AT 915-0013.



Teens who need community service hours are welcome to volunteer. Please sign up in advance at Jefferson Community Center with Denéa Simone at 684-7481

"TEEN STYLE"

TEEN NIGHT

It's more than just a place to "hang out". It provides a fun & safe environment to experience unique activities that focus on self-expression through various art forms of break dance. Lively music, energetic atmosphere, and food...all for FREE!

Instructor: Art Bustillos

Mondays: 7:00-9:45 pm

Fridays: 6:00—9:45 pm



TEEN COUNCIL

Want to be a part of a program that offers leadership opportunities, builds relationships, and help others? Then join the Teen Council by coming twice a month for meetings at Jefferson Community Center. 1st & 3rd Wednesdays of each month 6:00 pm— 7:00 pm. Snacks will be provided.



ONLY MEETING IN DECEMBER WILL BE THE 17TH.

TEEN STYLE

Girls Just Wanna Have Fun!



Tuesdays, 2:30-4:30 young ladies grades 6-8 will gather to giggle, pamper, educate, and learn. Some activities that the participants will experience will be life skill sessions, self image guidance, skin and hair care, nutrition, and fun field trips.

This is offered as an After School Activities Program through Mercer Middle School.

Snacks will be provided

Starts January 27, 2004

Community Service Projects

Once a month we will donate our time to a non-profit organization

Such as



- Local food banks
- Environmental projects
- Cultural celebrations
- Health awareness annuals

hours from these events are perfect for required high school graduation credit.

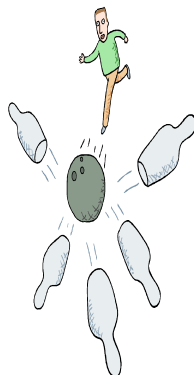
Call ahead for that months project, date, & time.

STRIKE IT OUT!

Jefferson teens will be great bowlers by the end of this quarter by going to the lanes weekly on Wednesdays 2:30-5:00 Beginning January 21st

Actual bowl time is 3-4:30

11 slots available
Pre-registration starts
December 15, 2003



For more information on winter activities please call Denéa Simone at Jefferson Community Center 684-7481

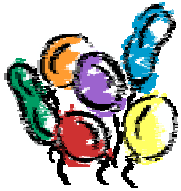
DAILY TEEN PROGRAMMING

Check out the monthly calendar of activities offered at Jefferson Community Center for teens. All sorts of fun and educational projects are available. Field trips, cooking, resume writing/job search, ping pong & fosse ball tourneys, fundraisers, and much, much more.

An array of exciting things to keep you busy are coming soon in February to celebrate:

**Black History Month
AND
Mid-Winter Break (17TH-20TH)**

BEACON HILL FESTIVAL



Bring your family and friends to the 12th annual community event. Enjoy reasonably priced food, and professional entertainment. Other attractions include a raffle, carnival games, jump toy, along with face painting and information booths.

Date: Friday June 5 , 2004

Time : 10:00 am—3:00 pm

Where Jefferson Community Center

Cost: Entry is free

If you are interested in participating as a vendor or volunteer in the festival please call Randy Smith at 206 684-7481. **CRAFT VENDORS ARE NEEDED**

JEFFERSON C.C. GYM GRAND OPENING



The Time is rapidly approaching when we can celebrate this much anticipated event. The “Grand Opening” should occur sometime in early June. Please look for more updated information in our Spring brochure, along with announcements in the local newspapers and through the distribution of flyers. For additional information please call Jefferson Community Center at 684-7481.

You may also visit the Jefferson Gym Website at: http://www.cityofseattle.net/parks/centers/current/jefferson_park_community_center.htm



COMING SOON !

TODDLER PLAY GROUP

Upon completion of our new gym for summer, the drop in toddler play group will enjoy variety of play equipment, toys and more. Don't miss out on this opportunity to help your child develop important socializing skills in this safe, supportive and parent supervised environment.

Parent supervision is required at all times.

Days & Time: TBA

When: Summer 04

Cost: \$1.00

Where: Jefferson C.C. Gym

Ages: 6 months-3 yrs



LIL' PEOPLE SPORTS

This program is a fun and exciting way for your child to learn the basic fundamentals of basketball, indoor soccer and T-ball.

Days & Time: TBA

When: Summer 04

Cost: \$30.00 per session

Ages: 3-4, 5- 6

Where: Jefferson C.C. Gym



PRESCHOOL/YOUTH

KIDDIE KAMPUS – PRE-SCHOOL

Kiddie Kampus Director:
Angela Lee



This popular school year program is a valuable growing experience and an excellent preparation course for kindergarten. Emphasis is on social, academic, and motor coordination skills. Your child must be toilet trained and 3 years old by August 31, 2003 in order to be enrolled in class.

Students currently enrolled in Fall 2003 will have priority to continue until Spring quarter. Call (206) 684-7481 to see if there are any spaces for new students.

Classes will begin week of
January 5, 2004

3-4 year old options:

- (a) T/TH 9:00 am - 11:45 am \$255.00
- (b) T/TH 12:15 pm - 3:00 pm \$255.00
- (c) MWF 9:00 am - 11:45 am \$357.00

4-5 year old options:

- (a) MWF 9:00 am - 11:45 am \$357.00
- (b) MWF 12:15 pm - 3:00 pm \$357.00

Winter Quarter: 10 Weeks



No Classes on:

Monday January 19, 2004
Monday February 16, 2004

For more information, please call
Angela Lee at 684-7481



BEFORE & AFTER SCHOOL CARE

**Beacon Hill, Dearborn, Kimball & Maple
Elementary Schools**

Before and After School Director:
Christopher Eng

For elementary school age youth. Supervised recreational activities, arts & crafts, snacks, and help with homework. Program runs during the school year only. To inquire about enrollment, please call (206) 684-7481.

Scholarships may be available on a limited basis for qualified enrollees. We also accept DSHS subsidies.

The Seattle Dept. of Parks and Recreation has implemented a city-wide standardized fee system that begins this fall. If you have any question please call 684-7481.

Ages: Elementary School Age

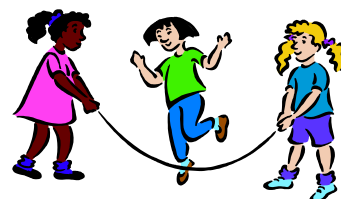
**Mondays – Fridays: 7:00 am– 9:00 am
3:00 pm – 6:00 pm**

Before School Fee: \$175 per month

After School Fee: \$230 per month

Before and After: \$405 per month

All children are required to be picked up no later than 6:00 pm. You will be charged \$1.00 per minute for every minute that you are late



YOUTH PROGRAMS



WINTER BREAK DAY CAMP

MID-WINTER BREAK CAMP

Are you looking for a place for your kids to hang out during winter break? Send them to Jefferson Community Center's winter break camp. Kids will enjoy swimming, movies, arts & crafts, cooking, board games and sport activities. Breakfast and snack will be provided. Please bring your own lunch. Camp will be held at Kimball Elementary School Portable # 2

Winter Break Registration begin Dec. 1

Mid-Winter Break registration begins Jan. 3

Session I December 22– 26, 2003

Session II December 29 - January 2, 2004

Session III February 16 - 20, 2004

No Camp on December 25, 2003

No Camp on January 1, 2004

No Camp on February 16, 2004

Days: Monday - Friday

Time: 7:00 am - 6:00 pm

Cost: \$100.00 new Enrollees

For those participants who are currently enrolled the before & after school program the fee is \$60.00

For more information please call Chris Eng at (206) 684-7481

All children are required to be picked up no later than 6:00 pm. You will be charged \$1.00 per minute for every minute that you are late.

FAMILY CLAY CLASS

This class is designed for families to have fun and learn! Too often, time with your kids is spent watching them do things. Different levels of ability are the norm for this class. Emphasis will be on hand building techniques and introduction to the wheel.

Some coordination and strength is required and all project ideas are welcome. Clay is not included in the class fee, but other supplies are provided.

Instructor:	Molly Hueffed
Ages:	6 & Up
Thursdays:	6:00 pm – 8:00 pm
8 weeks:	1/15 – 3/04
Adult & 1 child:	\$110.00 plus \$7 clay fee
Adult & 2 children:	\$165.00 plus \$7 clay fee



ART START

A fun creative class designed for younger kids! We will explore fun ideas and shapes with projects like puppet making, painting with watercolors, with sculptured shapes and other mediums.

Instructor:	Jennifer Shafi
Ages:	4-6
Tuesdays:	5:00 pm-6:00 pm
11 weeks:	1/13-3/23
Class Fee:	\$ 45.00

YOUTH PROGRAMS

ART 4 FUN

This art class is designed for kids who want to have fun with art. Participants will paint with watercolor, bead projects, clay mask and more!

Instructor: Jennifer Shafi
Ages: 7-10
Tuesdays: Time: 6:00 pm-7:00 pm
11 weeks: 1/13-3/23
Class Fee: \$45.00



KIDS POTTERY

Come and be creative! Learn the basic skills of building objects out of clay. We will do many fun projects, such as teapots, bowls, and animals, while experimenting with glazes, and more. Each new quarter brings new and exciting projects so that both new and continuing students are welcome.

Instructor: Molly Hueffed
Ages: 8-12
Wednesday: 4:00 pm-5:15 pm
8 weeks: 1/13 -3/02
Class Fee: \$60.00 plus \$7 clay fee
Class Max: 8



FOREIGN LANGUAGES

JAPANESE LANGUAGE CLASS

Have you ever wanted to learn a new language? Learn how to speak Japanese, write Japanese characters, and sing Japanese songs.

Instructor: Mitsuo Aoki
Ages: 10 & Up
Wednesdays:
Saturdays:
Time: Wed 4:00 pm-5:00 pm
Sat 1:00 pm-3:15 pm
11 weeks: 1/14-3/24
1/17-3/27
Class Fee: \$80.00

INTERMEDIATE MANDARIN CHINESE

Learn the basics in speaking, reading, and writing characters from a very respected & knowledgeable instructor.

Instructor: Mitsuo Aoki
Ages: 10 & Up
Wednesdays:
Saturdays: 5:15 pm - 6:15 pm
Time: Wed 1:00 pm- 3:15 pm
***Sat.** 1/14-3/24
1/17-3/27
11 weeks:
Class Fee: \$80.00

Piano Lessons

Learn the basics of piano/keyboard technique and music theory. Learn to read sheet music, notation, chords, timing, rhythm, melody, improvisation techniques and play-by-ear techniques. No previous piano or music training required to start. Students will need to study and practice everyday for 30 minutes.

A \$15.00 material fee is paid to the instructor for music books.

Instructor: Expectation L. West
Jackie Mampel (Volunteer)

Saturday: 8-10 years
Saturday: 11-17 years
11 Weeks: 1/7-3/10

Ages:	Level	Times:
8 - 10	Beginners	11:00 am-12 noon
8 - 10	Intermediate/Advance	12:15 pm-1:15 pm
11-17	Beginners	1:30 pm-2:30 pm
11-17	Intermediate/Advance	2:45 pm-3:35 pm
Cost:	\$80.00	



YOUTH EXERCISE CLASSES



PRE - BALLET

Pre- Ballet teaches balance music appreciation, character dance, and beginning technique. Students should wear ballet slippers or 100% cotton socks and stretchable clothing.

Instructor: Sandra Dobra
Ages: 4-7 Years
11 weeks: 1/15-3/25
Thursdays: 6:00 pm-6:45 pm
Class Fee: \$60.00

BALLET



Ballet students will learn movement while listening to classical music that will encourage the imagination and spontaneity of the group. This class is great for building self-esteem and confidence in a group. The basics of ballet will develop strength, coordination, and flexibility. Students should wear ballet slippers or cotton socks and stretchy clothing

Instructor: Sandra Dobra
Ages: 7-13 years
11 weeks: 1/15-3/25
Thursday: 7:00 pm - 8:00 pm
Class Fee: \$60.00



Shotokan Karate

Students will learn the basics of Shotokan Karate, a traditional Japanese martial art. It combines both mental and physical training to refine the character of its students. Translated, Karate means "empty hand". Karate practice is divided into three categories: Kihon (basic blocks, punches, kicks and stances), Kata (forms), and Kumite (sparring). More than just self-defense, training is a system of physical discipline and focused effort meant to train the mind as well as the body. With continued practice, students can expect to improve: Muscular and aerobic fitness, body alignment, balance and movement, increased perceptual awareness, concentration, confidence and discipline. Sensei Carla Chinn has practiced Shotokan Karate for over 20 years, earning her Shodan (black belt) at age 13. **Pre-registration is required.** The \$10.00 fee goes towards the publication of our brochure, participation fee and utility costs.

Instructor: Sensei Carla Chinn
Ages: 6-14
Saturday: 12:00 noon - 2:00 pm
11 Weeks:

NO CLASS WINTER 04

CLASS WILL RETURN IN SPRING 04

Youth Track

You like to run, jump or throw? Come and join our youth track and field program. Practice will begin in April 04.

Registration begins the week of March 8, 2004.
Volunteer Coaches needed.

A copy of your child's birth certificates is required at the time of registration and all completed forms and full payment of \$30.00



ADULTS CLASSES

ADULT BEGINNING WHEEL

This class is for adults who want to learn basic throwing techniques on the potter's wheel. Demonstration and practice in wheel work will be explored. Special hand building and decorative techniques may also be included in this class.

Instructor: Molly Hueffed

Wednesdays: 5:45 pm – 8:45 pm

11 weeks: 1/15-3/24

Class Fee: \$110.00 plus \$7.00 clay fee
Senior \$100.00 plus \$7.00 clay fee



INTERMEDIATE / ADVANCED WHEEL

Create and investigate new ideas while strengthening your pottery skills. In this class instruction will be given to improve proficiency with the basic forms such as bowls, cylinders and plates. Demonstrations of pitchers, platters, and lidded form will be covered as well as some altered shapes. Finishing techniques, handles, knobs, surfaced decoration and basic glazing methods round out the course. Emphasis will be developing your own personal style.

Class maximum: 10. Class is combined with the Independent Clay Projects evening class.

No Class on November 11, 2003

Instructor: Heath Bultman

Tuesdays: 5:45 pm - 8:45 pm

11 Weeks: 1/13-3/23

Class Fee: \$110.00 plus \$7.00 clay fee
\$100.00 plus \$7.00 clay fee (Seniors)

Clay fees for all classes:

\$7.00 for white Stoneware.

\$8.00 for porcelain

POTTERY STUDIO

Whether you are interested in hand building, sculpture, or throwing on the wheel, there is space for you in our well equipped pottery studio. Class fees include glazes and firing. There is an extra fee for the purchase of clay unless otherwise stated. Due to limited space, any student wishing to produce oversized or a large amount of work, must have prior instructor approval. An additional fee may be charged. **For all work done outside regular class time or between quarters, a \$25.00 studio card must be purchased on a quarterly basis. This card is available to all current adult student enrolled in a Jefferson C.C. pottery class.**



ADULT INDEPENDENT CLAY PROJECTS

Intermediate/Advanced

These open studio hours are intended for the student seeking to explore their own creative ideas. Assistance is always available for working out concepts, troubleshooting problems, and helping make aesthetic decisions. Emphasis will be on improving skills and enhancing the quality of the end product.

Prerequisite: Beginning wheel, prior clay class or consent of instructor.

Instructor: Cathy O'Connor

Tuesdays: 11:00 am– 2:00 pm

10 weeks: 1/13-3/16

Class Fee: \$110.00 plus \$7.00 clay fee

Lapidary/ Faceting

Cut, shape, and polish (lapidary) various stones to set in (faceting) pendants and rings. We have a nice studio equipped with tools. Students supply rough materials.

Instructor: Kenny Dodobara

Tuesdays: 6:00 pm—8:30 pm

11 weeks: 1/13-3/23

Lapidary: \$65.00 Adults

Faceting: \$55.00 Sr. Adults



ADULT CLASSES

FAMILY CLAY CLASS

This class is designed for families to have fun and learn! Too often, time with your kids is spent watching them do things. Different levels of ability are the norm for this class. Emphasis will be on hand building techniques and introduction to the wheel. Some coordination and strength is required and all project ideas are welcome. Clay is not included in the class fee, but other supplies are provided.

Instructor: Molly Hueffed
Ages: 6 & Up
Thursdays: 6:00 pm – 8:00 pm
8 weeks: 1/15 – 3/04
Adult & 1 child: \$110.00 plus \$7 clay fee
Adult & 2 children: \$165.00 plus \$7 clay fee

PRINTMAKING



An individualized class offering instruction to all levels of printmaking. Introduction to basic techniques used in intaglio printing. Bring a lunch.

Instructor: Wendy Thon
Tuesdays: Class time: 10:00 am – 1:00 pm
 Lab time: 1:00 pm – 3:00 pm
11 weeks: 1/13-3/23
Cost: \$100.00 Adults
 \$90.00 Sr. Adults

Foreign Languages

INTERMEDIATE MANDARIN CHINESE LANGUAGE
 Learn the basics in speaking, reading, and writing characters from a very respected & knowledgeable instructor.

Instructor: Mitsuo Aoki
Wednesdays:
Saturdays:
Time: Wed 5:15 pm - 6:15 pm
***Sat.** 1:00 pm– 3:15 pm
11 weeks: 1/17-3/27
 1/3-3/6
Class Fee: \$80.00

JAPANESE
 Have you ever wanted to learn a new language? Learn how to speak Japanese, write Japanese characters and sing Japanese songs.

Instructor: Mitsuo Aoki
Wednesdays:
Saturdays:
Time: Wed 5:15 pm - 6:15 pm
***Sat.** 1:00 pm– 3:15 pm
11 weeks: 1/15-3/24
 1/17-3/27
Class Fee: \$80.00

PIANO LESSONS

Learn the basics of piano/keyboard technique and and music theory. Learn to read sheet music, notation, chords, timing, rhythm, melody, improvisation techniques and play-by-ear techniques. No previous piano or music training required to start. Material fee of \$15.00 paid to the instructor.

Instructor: Expectation West
Wednesdays: 6:30 pm - 7:30 pm
11 weeks: 1/15-3/24
Ages: 15 – Adult
Cost: \$85.00 Adults &
 \$ 75.00 Senior Adults



NOTES

ADULT CLASSES & HEALTH

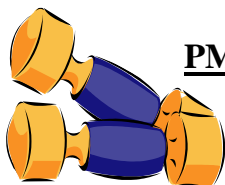
Alternatives To Toxins



Did you know the average home contain as many as 60 household hazardous chemicals? Attend this class and discover which products are most hazardous to your health and our environment. Learn which four simple words currently listed on products can help you shop for less hazardous cleaning and lawn care products. Also discover safer alternatives. Attend this class and discover how to receive your own Free Home Kit. Pre-registration is required. This class is funded by a grant from Local Hazardous Waste Management in King County.

Instructor: "Green" Jeanne Johnson

Day: TBA
Time: TBA
Cost: FREE



PM Aerobics & Conditioning

Get in shape safely and seriously. This class incorporate several forms of exercise including, aerobics, core muscle, circuit training, and Pilates designed to strengthen your heart and lungs while improving muscle tone, shaping, sculpting, and flexibility all to a variety of music.

Instructor: Zita Hachiya
Mon/Wed: 6:00 pm - 7:00 pm
11 weeks: 1/12-3/22

Class Fee: \$86 / Drop-in fee \$6
 \$62 / Drop-in fee \$5 (Seniors)

Full payment is required. Partial payment will only be accepted if the participant begins in mid part of session.

KUNDALINI YOGA

Kundalini Yoga is a time-tested system for overcoming the aging effects of the environment and stresses on the mind and the body. This vigorous workout with guided relaxation is designed to balance your nerves, & glandular system, strengthen digestion, circulation, and muscle tone.

Instructor: Nirmal Kaur
11 weeks: 1/12-3/22
Mondays: 6:00 pm – 7:00 pm
Class Fee: \$60.00



TAI - CHI

A classical Chinese exercise that is an effortless, rhythmical art form. This form develops slow breathing, balance, relaxed postures and absolute calmness of the mind. Class runs continuously.

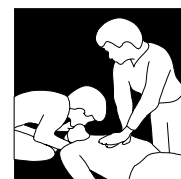


Instructor: Mitsuo Aoki

Days: Monthly
Wednesdays: 7:00 pm - 9:00 pm
Saturday: 10:30 am - 12 noon
Class Fee:
Adults: \$40.00 per month/\$12.00 per drop-in
Seniors: \$32.00 per month/- \$10.00 per drop-in

FREE! CPR CLASS FREE!

DAY: SATURDAY
DATE: JANUARY 17, 2004
 March 20, 2004
TIME: 10:00 am– 12:00
LOCATION: Jefferson C.C.
AGES: 14 & Up
CLASS FEE: FREE



Come and learn how to save a life with CPR. Learn the techniques of CPR which is required to save a life in an emergency. The program is free, but a donation to the Medic Two Program would be appreciated. Does not meet the WISHA or Red Cross standards.

Pre-register by calling (206) 684-7481.

FOR YOUR INFORMATION

JEFFERSON GYM

PROJECT BACKGROUND

The Seattle Parks and Recreation Department, in partnership with the community, is preparing the design for a gym to be constructed on the west side of Jefferson Community Center. In addition to the gym itself, the project include storage, toilets, an entry area, and site improvements (exterior basketball court, parking, paths, lighting, landscape, and park furnishings). The gym is scheduled to be completed by late spring of 2004.

PROJECT STATUS

CONSTRUCTION HAS BEGUN!

All classes will continue on as scheduled. We apologize for any inconvenience that may be caused during this time. The east/west path will remain open. The gym is expected to be completed by spring of 2004

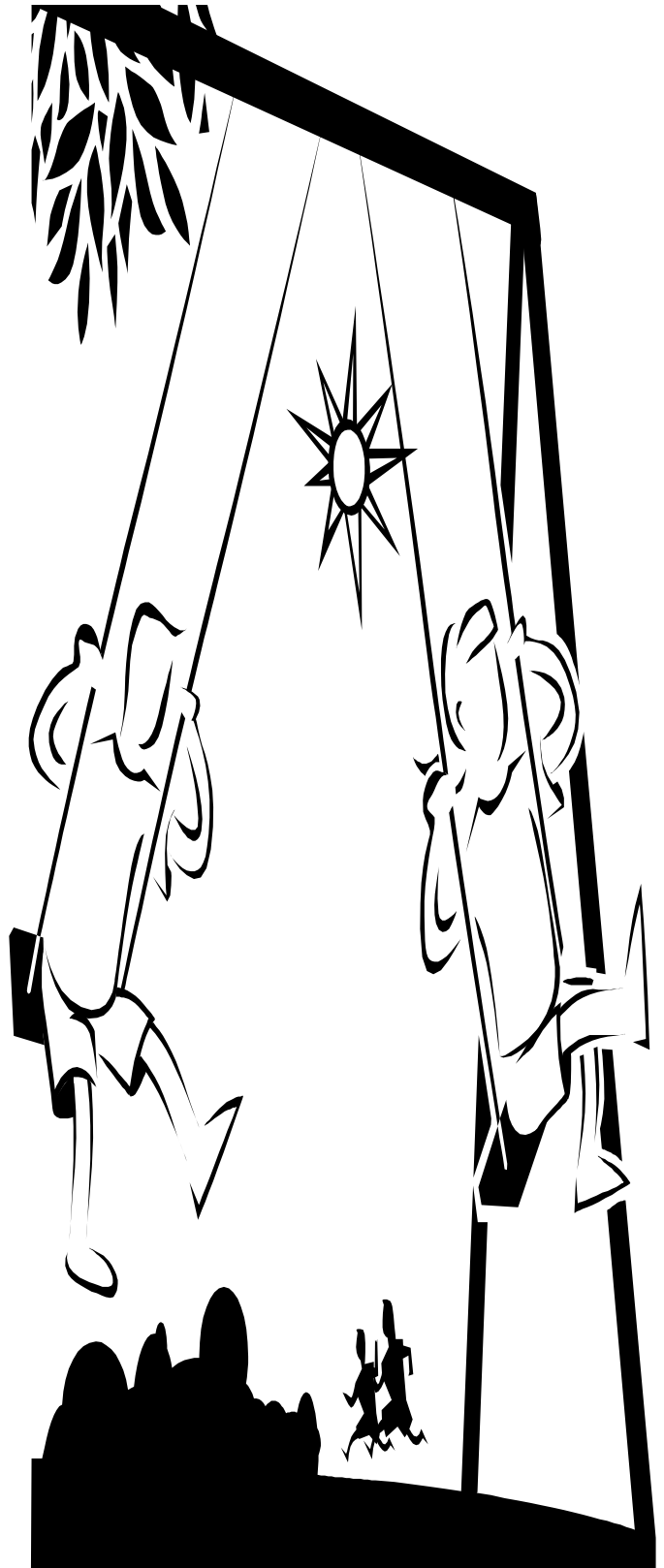
Jefferson Park Improvements

- **Website:** <http://www.cityofseattle.net/parks/parkspace/jefferso.htm>
- **Contact Don Bullard** (Project Manager)
 - * **Phone:** (206) 684-7158
 - * **E-mail:** don.bullard@seattle.gov



THANK YOU VOTERS

Due to the passage of the Pro Parks Levy in November 2001, Jefferson Community Center will be the proud recipient of 2 new tennis courts. This will be in addition to a new gym that was levy approved in 1999.



Jefferson Community Center

Teen Flashlight Egg Hunt



Date: Friday April 9, 2004.
Time: 7:00 PM
Ages: 11-17
Where: TBA
Cost: 2 cans of food

Spring Egg Hunt



Date: Saturday April 10 , 2004
Time: 10:00 am SHARP!
Where: Maplewood Playfield 4925 Corson Ave S.
Ages: 10 & under
Cost: 2 cans of food

Jefferson Community Center
A member of the Associated Recreation Council
Associated Recreation Council
100 Dexter Avenue North
Seattle, WA. 98109-5199

Postage
Required

Community Centers

Alki	684-7430
Ballard	684-4093
Bitter Lake	684-7524
Delridge	684-7423
Garfield	684-7488
Green Lake	684-0780
Hiawatha	684-7441
High Point	684-7422
Jefferson	684-7481
Laurelhurst	684-7529
Loyal Heights	684-4052
Magnolia	386-4235
Meadowbrook	684-7522
Miller	684-4753
Montlake	684-7436
Queen Anne	386-4240
Rainier	386-1919
Rainier Beach	386-1925
Ravenna Eckstein	684-7534
South Park	684-7451
Southwest	684-7438
Van Asselt	386-1921
Yesler	386-1245

Swimming Pools

Ballard Aquatics Center	684-4094
Evans Pool	684-4961
Medgar Evans Pool	684-4766
"Pop" Mounser Pool (summer pool)	684-4708
Queen Anne Pool	386-4282
Rainier Beach Pool	386-1944
Southwest Pool	684-7440

Recreation Information

Public Information	684-4075
Compliments/Concerns	684-4837
Adult Athletics	684-7092
Youth Athletics	684-7094
Event Hotline	233-2626
Gym Rentals	684-7095
Fishing Piers	684-4075

Senior Adult Information

Senior Programs	684-7484
-----------------	----------

Teen Programs

Teen Time at Jefferson	684-7481
Teen Life Center	684-4550
Late Night at Garfield	684-7422
Late Night at Meadowbrook	684-7423
Teen Night at Jefferson	684-7481

Special Interests

Aquarium	386-4320
Woodland Park Zoo	684-4800
Green Lake Small Craft	684-4074
Camp Long	684-7434
P-Patch	684-0264
Kubota Garden	684-4584
Japanese Garden	684-4725
Discovery Park	386-4236
Indian Cultural	285-4425
Mt. Baker Rowing Center	386-1913
Seattle Tennis Center	684-4764
Langston Hughes	684-4757
Jefferson Golf Club	762-4513
Jefferson Park Driving Range	763-8989
Jefferson Park Lawn Bowling	762-2490
Volunteer Park Conservatory	684-4743

For More Information, please call
684-4075

Jefferson Community Center Gym Addition Project

Teens, Tired of the outside courts?

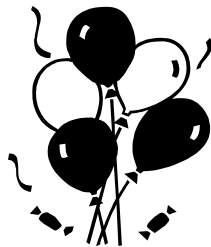
Renters, Need a bigger space for your Rental

Kids, Want a place to run around?

Seniors/Adults, Want a place to play pickle ball, aerobics, and badminton?

Well guess what, the Jefferson Community Center will be having a celebration for our new gym, so head on down to Jefferson for a morning full of:

- Fun
- Food
- Entertainment
- And Much more



The New Jefferson Community Center Gymnasium will be located at 3801 Beacon Avenue South, Seattle, WA 98108

For any Questions, please Contact Randy Smith or Staci Williams @ 206-684-7481

How will the Gym Benefit the Community



The new Jefferson Community Center Gymnasium will benefit the community in many ways from, larger Space for Rentals to Jefferson Community Center youth basketball.

The Jefferson staff looks forward to you, your family and friends to take full advantage of the new upcoming gymnasium.

Note: For gym rentals, please notify the Jefferson staff with at least two weeks notice of event.

Before



After

